

Chocolate Peanut Butter Crispy Bars

(recipe from The Kind Diet)

Ingredients:

- 1 large box of chocolate brown rice crisp cereal
- 1 $\frac{3}{4}$ c. honey
- $\frac{3}{4}$ c. peanut butter (no sugar, natural)
- $\frac{1}{2}$ c. chopped dark chocolate

Directions:

1. Combine honey and peanut butter in a saucepan. Heat on low/medium heat.
2. Heat and whisk together for a few minutes so the honey and peanut butter melt a little bit.
3. Remove from heat and add the mixture to the cereal.
4. Let it cool a little bit, then fold in the chocolate chips.
5. Press mixture firmly into a greased pan.
6. Keep the bars stored in the fridge, because they don't stick together as well as a bar made with marshmallows would

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